

12-6-1999

1999 Highlander Vol 82 No 7 December 6, 1999

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"1999 Highlander Vol 82 No 7 December 6, 1999" (1999). *Highlander - Regis University's Student-Written Newspaper*. 128.
<https://epublications.regis.edu/highlander/128>

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The Regis University HIGHLANDER

A Bi-Monthly Student Publication



The Jesuit University of the Rocky Mountains

Vol. 82, No. 7

Denver, Colorado

Monday, December 6, 1999

INSIDE

OPINION

Santa Claus, Kris Kringle, Jolly ol' Saint Nick or whatever name you want to call him, Jessica Fawcett loves everything about this guy and the holiday season.
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FEATURE

The turn of the millenium, century and decade only happen once in a thousand years. Find out student predictions for the future, unique ways to celebrate New Years, and affordable travel suggestions for those that want to bolt to the coast or head south. Who's the best coach of the decade? Checks out Sports, page 7 for the answer. Also, Nicole Smith takes us back to the future with a list on some of the greatest movies about the future, Entertainment, page 6.

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The Rangers kick off their basketball season with a bang, and are predicted to be very competitive within the RMAC this year.
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Ex corde Ecclesiae presents no immediate effects

Jessica Fawcett

A tenuous balance exists between a university's right to academic freedom and the religious affiliation of the institution. This balance appeared to be tilted in favor of Catholic doctrine and at the expense of academic freedom in the recent voting of American Bishops on the document *Ex corde Ecclesiae*. On November 17, at the National Conference of Catholic Bishops (NCCB) a majority of bishops (223-31) voted to agree on a particular set of rules that all 230 Roman Catholic colleges would abide by in order to preserve the Catholic identity at these institutions. While many fear the implications this set of rules may bring to Catholic college campuses nationwide, Regis University President Fr. Michael Sheeran feels such fears are premature and unlikely to occur.

"The Bishops have made it clear that the proposal they are sending forward is intended to promote the Catholic identity of the universities while respecting both academic freedom and U.S. and state constitutional principles," stated Sheeran. "It is our impression that Regis already meets the goals sketched by the Bishops and that the Bishops' proposals imply no changes in how Regis is governed."

Ex corde Ecclesiae is a 1990 document that outlines the Vatican's worldwide vision for

higher education. This document was a response to growing concerns that Catholic colleges were losing their Catholic identity and becoming too secularized, and that a few teachers and theologians were using their classrooms to present their personal beliefs in place of church doctrine. U.S. bishops have been working on a set of guidelines for the past ten years that strive to implement *Ex corde* in a way that would meet the needs of American colleges and universities. The guidelines that were approved in Washington D.C. last month still need final approval from Rome. If the Pope approves the submitted set of guidelines, the bishops will work for another year on implementation mechanisms for the document.

Because the actual implementation of these principles will not take place for several months, it is impossible to know precisely how Regis will be effected, if at all, by this ruling. After the bishops' vote was made public, there was a certain degree of alarm expressed in response to some of the stipulations outlined in the document, including the guideline concerning a mandate that some faculty members may be required to obtain from the local bishop. However, if implemented, Catholic faculty members who teach theology courses that deal specifically with aspects of

Catholicism will only require the mandate. Non-Catholic faculty members and other religious studies courses will not be included in the mandate requirement.

Another expressed concern deals with the rule outlined in the document that suggests a majority of faculty and board members, in addition to college and university presidents be Catholic themselves if they work at Catholic institutions for higher learning. Again, Sheeran feels Regis is in compliance with this principle, and is confident that this rule will not effect the hiring process at Regis. Sheeran adds that the document provides a positive acknowledgement of non-Catholic faculty members.

Although the recent ruling of Catholic bishops has received media attention and induced debate in support and opposition to the proposed document, Sheeran feels that because Regis already meets the specifications in the document, no major changes at the university will take place as a result of this recent decision. He also feels there are still many details that will need to be worked out before these rules are implemented. In the meantime, the balance between academic freedom and the Catholic identity present at Regis will continue to be equally important in the business of educating students.

Harassment Case: Judicial Board to review alleged discrimination

Tricia Etchart

University charges have been filed against two individuals allegedly involved in recent cases of harassment, incidents that targeted gay students. The two individuals will go before the Regis judicial board. The student judicial board consists of a Chief Justice elected by the general student body, four student Associate Justices, and a Judicial Advisor.

As in all U.S. judicial systems the two individuals are presumed innocent unless proven guilty. Proceedings are conducted in a confidential manner. All issues, findings, or sanctions in the case will be decided by a majority vote with the Chief Justice deciding the verdict.

Dr. Tom Reynolds, Vice President for Mission and Student Development, cited the Standards of Conduct, the guiding principles for student behavior, in explaining the charges.

According to the Standards, "Every member of the University community is provided equal rights and benefits in accordance with the expectation that each student has maturity, intelligence and concern for the rights of others."

While the outcome of the Regis Judicial Board will not be made public, officials are hopeful that this will bring an end to the recent harassment incidents. These incidents included vandalism in dorms, and inappropriate remarks.

The incidents prompted students, faculty and staff at Regis to join together in opposition to discrimination of any kind and will hopefully quell any such future incidents.

A Letter from the President's Office

Dear Regis University Community:

Recently we have been dismayed and disappointed by the cruel and hateful actions of a few members of the University community. Harassment is wrong. Disrespect and discrimination, whatever their basis, are wrong. The threat of violence directed against any other person is wrong. We must condemn such hateful behavior wherever we find it.

Harassment directed at individuals on the basis of sexual orientation is reprehensible. As the National Conference of Catholic Bishops has written: "The Church holds that all people, regardless of their sexual orientation, are created in God's image and possess a human dignity which must be respected and protected." We add our voices to this affirmation!

Even as we have been aware of contemptible actions of a few, we have been heartened by the powerful response of our community to these acts. Many voices have risen up to denounce harassment and hate. Many voices have affirmed our compelling respect for the dignity of each human person. This community simply does not tolerate harassment or discrimination, whatever its form!

So even as we find it necessary to censure the cruel childishness of a few, we can also feel a newly renewed pride in the many. Our community has once again affirmed that it truly lives our Catholic Jesuit mission. We deeply thank the community for that and for all that you do in the service of the Regis University mission!

Sincerely,

Michael J. Sheeran, S.J.
President

Allan L. Service Ph.D.
Provost
Vice President for Academic Affairs

Opinion:

Tis the season for giving! Each holiday season we shop for gifts, volunteer our time, and open our pocketbooks to those we care about or empathize with, or as a means to feel better about ourselves and the detached, hectic lives we lead the rest of the year. This year, Denver shelters, soup kitchens and social service centers saw an abundance of volunteers and donations during the week of Thanksgiving. Although there is always a surplus of love and charity in the air during the holiday season, this year's dramatic increase was a direct result of the recent brutal killings of homeless men in Denver. Because some shelters could not accommodate the number of volunteers or donations, many asked what they could do to help others less fortunate than themselves. The reply from each service site was the same: "Remember us at other times during the year."

I love Christmas. Moreover, I love the spirit and feelings that stir in people as a result of the holidays. I also firmly believe that everyone should have food, shelter and companionship on such special and sacred occasions. But there are many who need these things not just on December 25, but on the other 364 days of the year as well. Why does it take the death of seven men to make a difference in how we perceive homelessness and poverty? Why did we, as a society, place little value on their lives until it was too late? How soon will it be before we forget about the lives lost in this tragedy and the bigger social problem their lives represent?

As this century draws to an end, we have both a challenge and a unique opportunity ahead. We could choose to

commit to the same resolutions we have in the past (with little or no success), or we could choose to make simple resolutions that could truly change our lives and the lives of others. As Regis students that may mean living out the mission of this institution - "men and women in service of others" - instead of ignoring the gift of service and focusing attention on individual success. At first glance such a mission seems daunting. In reality this task asks nothing that we shouldn't already be asking of ourselves. Each of us can truly live out the Jesuit mission. We can create a respectful community in the residence halls. We can explore and open ourselves up to the surrounding community we live in. We can take a course with a community service requirement or simply remind ourselves daily of the human dignity we all possess regardless of our social or economic status. There are countless other ways we can make the spirit of this season impact the way we live on ordinary weekdays.

I am not worried about what will happen to my computer on January 1, or how much food I have stockpiled for the overdramatized approaching millenium. But I am worried about the growing disrespect and indifference I see at Regis and in communities worldwide. Imagine committing to a resolution that could actually create a positive change in our communities. Perhaps such a notion is idealistic. But then, so is believing that an annual contribution of time or money during the Christmas season erases poverty, hunger, and loneliness the rest of the year.

—Jessica Fawcett

Advisor's Editorial:

This last issue of *The Highlander* for the fall semester is also the last for Managing Editor Margaret Ahlberg. Ahlberg has managed the newspaper since fall 1998. Under her direction *The Highlander* has expanded its coverage of events and issues relevant to the Regis University community. Ahlberg's redesign of the paper enhanced its readability and aesthetic presentation. Her leadership has inspired staff to improved reporting and editorial writing. It has been a pleasure to work alongside Ahlberg and we wish her the best in her future endeavors.

Moving into the Managing Editorship is Kara Mattini, a junior from Omaha, Nebraska. Mattini has served on *The Highlander* staff since her freshman year as a reporter, Layout/production Manager, and News Editor. Chelsea Wonacott-Mershon, a junior from San Diego will be assisting Mattini, as Assistant Managing Editor. Stepping into the News Editorship is Jessica Fawcett, a junior from Rocky Ford, Colorado. Tricia Etchart, a senior from Lakewood, Colorado, will be working as a co-Editor for Entertainment.

As faculty advisor to *The Highlander*, I want to thank the student staff, members of the CA 475 News Reporting and Writing Class, and readers for a successful semester of publication. —Janellen Hill



1999 Staff members Jen Coyne, Margaret Ahlberg, and Kara Mattini enjoy themselves after a hard day's work at the ACP Conference in Atlanta.

Letter to the Editor:

Christmas is almost here; finals loom in the air; students are close to departing from Regis for a month of R-and-R. But while students and faculty are merrily opening Christmas presents, many of Colorado's will struggle to pay rent and keep food on their tables. These families will not be able to give any presents to their children, let alone enjoy a special holiday meal.

Sure, most people are tired of hearing stories about those who go without cheer every holiday season, but it is important to remember that many people are not nearly as fortunate as Regis' community. True, everyone has bills to pay and presents to buy for loved ones, but it does not take much to give a struggling family a very merry Christmas.

So, what can someone do to help? The Service Club of Regis is adopting a family for the second year, through the Salvation Army's Sub-For-Santa program. Your family, your friends and departments can help to bring Christmas to an underprivileged family by either donating cash to the service club to buy presents, or pledging to buy a gift for the family. Service Club members have determined three price ranges for a gift: a gift for \$20 or less, \$40 or less or more than \$40. The other option is to determine your own price limit, and the club will let you know what needed presents can be found for that amount. Finally, friends or family may go in together as a group to pledge to buy gifts for one of the members of our adopted family. The Service Club will pass on the family's wish list for anyone interested in making the holidays brighter and more hopeful.

Your help is needed in order for this program to be successful, so please call Angela Frenier at x6339 if you have more questions, and if you would like to volunteer. Or you can send donations to the service club through the Center for Service Learning at Mail Stop E-28.

Happy Holidays,
Lori Kramer
Service Club

The Regis University

HIGHLANDER

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MISSION STATEMENT

The HIGHLANDER's purpose is to provide accurate and thorough information about the activities of the Regis University community. As a student-driven enterprise, the HIGHLANDER seeks to give voice to the diverse views of its students, faculty and staff.

EDITORIALS

Editorials are the opinions of the author, which do not necessarily reflect the views of Regis University or the HIGHLANDER.

A NOTE ON SUBMISSIONS

Submissions are reviewed and may be edited for appropriateness, content, and length by an Editor and the Advisor to ensure suitability of content and quality of thought.

The editors of the HIGHLANDER, at their discretion, will accept and publish signed letters-to-the-editor not exceeding 250 words. Letters may be edited. Personal attacks or inappropriate language will not be published.

The deadline for receipt of letters is 5:00 p.m. Wednesdays before the week of publication.

Questions or comments should be directed to Margaret Ahlberg, Managing Editor, at (303) 964-5391 or at 3333 Regis Boulevard, Mail Stop I-8, Denver, Colorado 80221.



EAT IT.
OR TOSS IT
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WITH
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WORK OUT WITH A GIANT BURRITO.
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Choices: Help your head help itself

Sally Spencer-Thomas

Although most people experience an occasional headache, estimates indicate that there are between 40 and 50 million Americans who suffer from chronic or repeated headaches. In fact, in the past year roughly 95 percent of women and 90 percent of men had at least one headache. Triggers such as stress, foods, menstrual periods, weather changes, depression, anxiety, letdown, etc may cause headaches.

There are different types of headaches including tension-type, migraine, cluster, and rebound.

Tension-type headaches are the most commonly occurring and account for about 75 percent of all headaches. Up to 90 percent of adults have had a tension-type headache. This type of headache usually presents as a steady ache rather than a throbbing one, and affects both sides of the head.

Tension-type headaches can become chronic, occurring often and possibly every day. Some individuals get tension-type, as well as migraine headaches as a result of daily stressors.

Migraine headache bother 25 to 30 million people in America, but are less common than tension-type headaches. Up to 18 percent of all women and 6 percent of men experience a migraine headache. This accounts for roughly 12 percent of the population as a whole. About three of four migraine sufferers is female.

Migraine headaches can cause sufferers a great deal of disability caused by the headache pain. Migraines are felt on one side of the head in almost 60 percent of cases. Throbbing pain is typical with possible nausea, with or without vomiting, and sensitivity to light and sound.

Some individuals experience an aura, which develops prior to the head pain. This neurological symptom involves a disturbance in vision that could lead to brightly colored or blinking lights in a pattern that moves across the field of vision. About one in five people experiencing a migraine have an aura.

Migraine attacks are rarely a daily event, but could happen as often as once or twice a week for some individuals.

Cluster headaches only affect about one percent of the population. They are different from tension-type and migraine headaches and most (85 percent) of cluster headache sufferers are male. This type of headache comes in groups or clusters lasting weeks or months with severe pain. However, the attack is brief lasting only an hour or two. The pain focuses on one eye, which may be watery and inflamed. Nasal congestion is possible on the affected side of the face.

During the course of a cluster these headaches may strike in the middle of the night, and often happen at the same time each day. Alcohol often triggers attacks, and a history of heavy smoking and drinking by the sufferer is common.

Rebound headaches occur as the result of taking pain relievers (both prescription and non-prescription) daily or almost daily. If pain relievers are overused, a headache may "rebound" as the last dose of medicine wears off, causing one to take more pills. This becomes an endless cycle. It might be important to see medical help if this occurs.

Call your Health Care Provider if any of

the following relate to you:

- You experience three or more headaches per week
- You take pain relievers every day or almost daily
- You exceed the recommended dose of over-the-counter medicines for headache relief
- You have stiff neck and/or fever in addition to a headache
- Your headache is accompanied by fever, shortness of breath, and/or unexpected symptoms that affect your ears, eyes, nose, or throat
- You are dizzy, unsteady, or have slurred speech, weakness, numbness and/or tingling in addition to your headache.
- You experience drowsiness or confusion with your headache
- Your headache is triggered by exertion, bending, coughing, or sexual activity
- Your headache keeps getting worse and won't go away
- Your headaches have changed in character
- You have persistent or severe vomiting accompanying your headache
- You have your "first and/or worse" headache
- Your headaches began after you reached the age of 50.

Source: American Council for Headache Education

REPORTERS WANTED

The *Highlander* is now hiring news reporters familiar with the English language to cover campus news, especially **sports**. We are also seeking a **layout design artist** and a **cartoonist**. Contact x5391.

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When: Monday, Dec. 13, 10:00 a.m.-1:00 p.m.

Tuesday, Dec. 14, 10:00 a.m.-2:00 p.m.

Wednesday, Dec 15 9:00 a.m.-2:00 p.m.

Where: Ranger Station Pub (we'll take pictures on the stage)

How:

Sign up for a time outside the yearbook office (Basement of Student Center) and be prepared to say “Cheese”!

Any questions? Call the Ranger Yearbook office at 964-5412

Already have a group picture? Get it to the yearbook office by Monday, December 13—

we'll return it to you by the end of finals week (make sure to list names of all members pictured in order)

Two Thousand Zero Zero... gonna party like it's 1999

Short takes on 2000

"The end of the world. Computers tied to every aspect of life. A population explosion. Floating cars and transport tubes to the bathroom."

These are just some of the predictions made by Regis students who participated in an informal survey of what life will be like in the future. Regis students and staff were polled recently to gather their predictions of what life might be like in the years 2010, 2020, and the year 2100. The responses ranged from pessimistic visions of the end of the world to exciting discoveries that now can only be imagined in our dreams. With the New Year and Y2K fears rapidly approaching, students and faculty alike offered a variety of predictions for the unpredictable future.

Mike Bussman: "By then I hope there will be floating cars and transport tubes in the bathroom. I will be riding in the transport tubes to the bathroom."

Chris Lichy: "I will have a job in international trading. I see the world in 2010 as very technical, but I also see little environmental focus existing. I think nature is going to slowly deplete because of our growing population."

Dan Hamann: "The end of the World is January 1, 2000. But, if 2010 does come around, which it won't, California will be non-existent and I'll be in Alaska."

Todd Emo: "Sandy beaches and sunset margaritas—that's where I'm going to be."

Don Zucker: "I don't think we will recognize the world in 2010. Computers will be invasive in everyday life. I think people will be more reclusive because you won't have to leave your house. Education will change drastically in the next ten years because of the computer giving you the ability to study at home. In 2020 space travel will probably be routine. In the next 20 years we will probably have some community on the moon and we will be discovering life on other planets."

C.J.: "In 2010 I hope I won't be at Regis. I will have graduated and I will finally be teaching children. I think teaching will be in a more controlled, restricted environment. By then students won't be able to come and go as easily as they can now due to the violent upheavals we have been having so often."

Reeve Barker: "I will be running a newspaper for sports or announcing on the radio for the San Francisco Giants. I don't think the world will be much different."

Joe Garcia: "I will have a family and a nice steady job. I think that the world will be the same as it is now."

Kathleen Coine: "I think computers will be everywhere. Libraries won't be in use as much. People will read books and watch movies on the computer."

Ashley Enriques: "I think schools will be on the computer. I think a lot of things will be done for us and we will get lazy. I have no idea what I will be doing in 20 years, I don't even know what I'll be doing next year."

Christian Vanminnen: "All the Apostilistic population will have killed each other or themselves during the millennium and life will go on as it is today."

Tim Woodard: "I will be making a lot of money. The world will be all technology."

Chip Payne: "I will have just finished traveling around the world and starting to begin my career to help others. The world will be one giant world of capitalism bringing about more evil. In 2020 it will be much easier for the common person to travel around the world using more efficient ways of transportation. In 2100 if human destruction hasn't occurred people will be traveling around the universe."

Annie Austin: "By the year 2020 all of the world will be at peace if it doesn't blow up in 30 days."

Jeanne Mata: "The planet as we know it now will still be here but colonies will begin to develop on other planets. Those that stay on Earth will have a transportation system like in Star Trek and we will not have regular cars. As far as computers, all you will see is a screen. It will be all audio; you won't have a keyboard. The most surprising aspect is that we won't be able to tell who is human or who is a clone."

Craig Gamble: "I think there will be some very important changes in society as far as laws and regulations that are passed, but at the same time innovations in technology will make life easier and enjoyable. The Denver Broncos will still be Super Bowl champions."

Melissa Padilla: "I hope I'll be secure in my career and have a family. I can't really say though because there are many obstacles to overcome to get to that point."

Kenneth Cortsen: "I will have my own business in exports/imports with sports equipment or fashion. The world will be more electronic. I don't think it will be busier; it will stay the same as it is now."

Cheap thrills under two thousand

Save your pennies and take the train, or just stay home and chill

Chelsea Wonacott-Mershon

While many forecast technical computer problems on New Year's Eve, Regis students anticipate champagne-on-a-beer-budget financial problems when the clock changes from 11:59:59 to 00:00:00. A student asks, "How can I party like it's...well, y o u know...when celebrations cost exactly what I don't have?" Rest assured-as computers combust, economically challenged youth can be celebrating in some cool places like San Diego, New York or Baja Mexico.

Without a car, the best way to get to San Diego from Denver is by train. Amtrak offers discounted coach seats for \$125. The trip-by-train takes a little more than one day, and it stops in Los Angeles' Union Station so L.A. may be a final destination, too. Once in San Diego, a youth hostel becomes the most affordable (and hip) option. The Banana Bungalow in Mission Beach is the only hostel in the United States directly located on the beach, and it's steps from Pacific Beach's famous Garnet Avenue nightlife (rated #1 in San Diego). The Banana Bungalow can accommodate over 70

guests in its tropically themed hostel with BBQs, beachfront patios, beach volleyball and shared rooms for \$16 per night. This hostel also has free transportation from the train station. Besides the Banana Bungalow, students may choose from three other hostels in San Diego. Regardless of where one finds shelter on New Year's in San Diego, fun will certainly not be hard to find what with the Gas Lamp Quarter, all-night nightclubs and a most picturesque backdrop.

If the East Coast seems a more appropriate place to party, then taking the train the other way, to New York, costs just \$242 and will take under two days. Over 20 hostels can be found in New York City, with prices ranging from \$15-\$40. These full-service hostels are all located in ideal and secure areas, either within walking distance of the Empire State Building, Central Park, or Times Square. Many places will even allow alcohol and choose not to enforce any curfew. The Gershwin Hostel describes itself as "trendy with a capital 'T'." The 'scene' includes an

avant-garde art gallery, progressive jazz and comedy acts in The Red Room Bar." And Jazz on the Park is regarded as "the coolest frigg'n hostel in New York...Starbucks will bunkbeds!"

However, if neither west nor east satisfies, the option remains to head south. Adventurebus invites students to take a nine day millennial bus trip from L.A. to Ensenada, the Sea of Cortez, to Bahia Concepcion, and finally to Rosarito (then back to San Diego or L.A.). The \$325 journey (plus \$75 food fund) involves arrangements for fishing, surfing, snorkeling, kayaking, sunbathing, spelunking, campfires, whale watching and fresh water lagoon exploration. In Mexico, ring in the New Year by toasting friends with margaritas and tacos. Beyond all of the obvious reasons to be in Mexico, south of the States may just be the perfect place to be when the computers collapse to chaos.

To Contact: Amtrak:
www.reservations.amtrak.com or
1-800-USA-RAIL

Hostels: www.hostels.com,
listings courtesy of The Hostel
Handbook

Adventurebus: www.adventurebus.com
or 1-888-73PLANET

Futuristic films satisfy in a pinch

Nicole Smith

People are getting nervous. The millenium is rolling in and the speculations are coming to a head. Will the world end in apocalypse? Will the global computer systems go berserk? Will religious zealots decide to go on killing rampages?

Speculation on the future isn't only a late-nineties obsession. Sci-fi movies have given us bizarre scenarios since the 1950s. Let's go back in time to the 1970s and 1980s-the Regis community's formative years-and remember what Hollywood thought would happen after the millenium.

1973-Soylent Green
In Soylent Green, Charlton Heston leads us to a horrific discovery. In the 21st Century, the masses will depend on a government-manufactured food product called Soylent Green for survival. But there's only one problem. Heston finds out that "It's made out of people!"

1979-Alien
If we can believe Sigourney Weaver, our near future is a pretty sticky one. Trusted friends will turn out to be androids, and slimy, bloodthirsty aliens will pop out of stomachs worldwide. Remember to carry plenty of ammo when encountering the big creatures.

1979-Mad Max
Environmental damage, social

upheaval, and viscous road gangs will reign—at least in Australia. Soon we'll have to

manufacture our own fuel from pig feces and fashion clothing from old tires. Just wait until the Thunderdome replaces the judicial system for the real fun to begin.

1982-Blade Runner

We still have a couple decades to catch up with this movie's vision of Los Angeles in 2020. In this world, Harrison Ford will zip around smoggy LA super-skyscrapers killing off artificial life forms. It's best to keep an eye on your loved ones, as anyone could be artificial. Even Ford's girlfriend, turns out to be a human replicant.

1984-The Terminator

In the mother of all sci-fi movies, Arnold Schwarzenegger gives us a glimpse of our machine-dominated near future. In the world of the Terminator, the world should

already be dominated by intelligent machines, which became self-aware 3 years ago. By this time we should already be engaged in a human vs. machine battle.

Thankfully, though, John Connor will become a great general and save us all in 2029. Just don't trust anything with moving parts until then.

1989-Back to the Future, Part II

Finally, the second part of the great eighties trilogy, Back to the Future. 1980s icon Michael J. Fox travels to the 21st Century in a time-travelling DeLorean. Here he finds that a soda costs \$50, cars fly and run on recycled garbage, and skateboards hover above the ground. With all the corporate ads in this movie-Nike, Pizza Hut, Pepsi-this version of the future doesn't look far off.



Any way you do it, it's still New Year's

Nikki Jo Van Reusen

It's inevitable: New Year's Eve and the new Millennium. A worldwide bash is bound to be eventful. It is going to happen with or without you so you might as well give yourself some options for celebrating it. One can always join the frenzied crowd and watch the ball drop with Dick Clark in New York City. Of course the option of hitting the strip in Las Vegas and joining that untamed crowd is always available. Yet with all the hype, bomb threats, and fear of major cities being shut down, people are looking for alternative options to beat the plethora of madness that will hit the world on the last Friday night of the century. For those of you that want to end the century with a blast rather than a bomb, check out the top ten unique New Year's Eve events around the United States.

#10: While New York may drop the big glittery ball, Tuskegee, Alabama drops a 7-foot peanut instead. The annual Peanut Drop at the Kellogg Conference Center is a grand event with scrumptious food for all, including free beer all night long. Not only will this event be high on the civic pride scale, but also on the gluttony scale. The Peanut Drop is bound to be one-of-a-kind event safe enough for entire families. If that isn't nutty, then what is?

#9: If you are leaning more towards observing the coming new year spiritually, then he Chopra Center for Well Being's "Path to the Millennium and New Year's Eve Celebration" is just the experience for you. The festival is going on December 29th through the 31st at the Marquis Resort Hotel in Palm Springs, California. This three-day happening of learning, renewal and rejuvenation will culminate in a truly unforgettable experience. It will include meditation, televised messages from world leaders, live music and entertainment by renowned artists such as Bonnie Rait and Jewel. This event is bound to be full of religious fervor and has a massive celebrity potential. Oh, and while champagne and dancing are encouraged, the bring-your-own-alcohol rule is in effect.

#8: For those of you that are tired of all the celebrity festivals that ring in the new year and want a bit of non-traditional commemoration without all of that silly mainstream hype, Death Valley, California is beckoning you. This random site plays host to one of the more unusual New Year's celebrations - the "One Million Pagans Millennium Party." Events include the formation of the largest ever-human circle complete with chanting to bring spiritual balance to those within the circle. Just in case you fear the experience may be too mellow for you; Fear not. Pagan rock bands, such as Velvet Hammer, will provide entertainment throughout the night. This event may be high on the down and dirty scale, but it should be a great experience with Mother Nature, and be filled with loud, pulsating music and some religious fervor.

#7: For those of you whose motto may be "money grows on trees" or perhaps "money grows from daddy's wallet" you are required to partake in "The Ultimate Experience" millennium celebration at the Ritz-Carlton in Naples, Florida between December 29th and January 2nd. For a measly \$100,000 per couple, you'll have a presidential suite with breathtaking views of the Gulf of Mexico, 24-hour butler service, a Jaguar (chauffeur-driven, if you prefer) for the weekend, a men's 18Kt gold Bulgari Chrono, and ladies 18Kt Bulgari Quadrato, a stocked mini-bar,

religious energy, civic pride, and a Mother Nature aura.

#5: For you overachieving athletes that simply cannot go another minute without participating in some form of a 1000k race, then New York City is the place to be. Once you get past the crowd at Times Square, head to safe Central Park where everyone is a winner at America's first and most festive Runner's World/Asics Midnight 5K on New Year's Eve. Obviously this is a unique top-ten list, with intelligence not being a huge factor in choices you will make for New Year's Eve. If you're the sadistic type, the potential to see blood is high. Yet this experience might be a good one seeing how the crowd will be over yonder and you get to run through Central Park for a reason other than being chased by a psychopath. Word of advice: bring the mace.

#4: For you hoe-down country fans, Reno, Nevada should be your destination. The annual "Buck n' Ball" at the Livestock Events Center will be hosting a massive rodeo with frills. There should be nothing like spending your New Year's Eve among gyrating people, wild animals, dancers and fireworks. Once again, the potential to see blood is high, but it should be a one-of-a-kind event.

#3: We break out the religious fervor again with Knott's Berry Farm's "Praise 2000" in Buena Park, California. While the rest of America is getting their kicks by the overconsumption of alcohol and participating in the standard New Year's Eve fare, you could join wholesome Christians and some of the hottest names in Christian music and entertainment. Not only will there be fireworks, party favors and noisemakers present, but this event is bound to be grandma-approved.

#2: Florida returns to the limelight for unusual events. If you're the laid-back mood, and really just want to throw on the tank top and flip-flops, then head to Miami for the 63rd annual "King Orange Jamboree Parade." This event is always filled with celebrities, games, rides and fun, plus coolers filled with your own celebratory refreshments. Not to fear, it will be aired on television for those of you refusing to leave the house to protect you from the predicted Apocalypse.

#1: What better way to say you spent the holiday than to be able to announce that you were among the very first to celebrate the New Year in America? If this sounds tempting than book your flights to Eastport, Maine for the "Festival of the Millennium at the Easternmost City in the USA." This is bound to be a spectacular festival of lights, boat parades and a regatta, fireworks, and most important, the world's first millennium golf tournament beginning at midnight. This definitely ranks high on the original scale, plus the people in Maine are just downright friendly.



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☆☆☆☆ Buy this CD right now!
 ☆☆☆ Listen before you fork over the dough.
 ☆☆ Unless you *really* like the band or genre ...
 ☆ C'mon, what do you think?

The Temple of Hiphop Kulture
Criminal-Justice: From Darkness to Light
 Time Warner
 ☆☆☆

If Regis were to offer a course in Hiphop (HH 200), then *Criminal-Justice: From Darkness to Light* would have to be required course material. This album is a good starting point for anyone interested in purchasing his or her first hiphop CD. Hell, this CD is even a healthy purchase for a seasoned hiphopper. For not only do the lyrics represent the standards appropriated for the notorious genre, but the beats are well created to ensure hours of hard core breakin'.

Like textbooks that hide answer keys in their final pages, *Criminal-Justice* also has a bonus cheat section. The CD cover booklet includes two pages of answers to frequently asked questions concerning hiphop. These Kulture kids have courteously explained not only what hiphop is, but also what some of the music's traditional expressions mean. The provided standards are interesting and enlightening, exactly like the CD itself.

-Chelsea Wonacott-Mershon

Dynamite Boy
Finder's Keepers
 Fearless Records
 ☆☆☆

Just looking at the cover art of the CD's case made me laugh, and once the CD was spinning my toes were tapping. Listeners quickly realize that Dynamite Boy is all about pop-punk, punchy lyrics and catchy beats. Beyond the catchy choruses lie the words, which are all about sweet love, love gone sour and basically the entire spectrum of 20-something issues. What's more is that the lyrics are even provided for fans so that singing along to the right words is easy. In fact, by including the words *Finder's Keepers* serves as a cool road-trip game-like guessing the lyrics-and a fabulous addition to the conventional road-trip essentials and a thoughtful holiday gift for the beloved trouble-maker-punk in your little black book.

-Chelsea Wonacott-Mershon



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Darwin's Radio

by Greg Bear, \$24 hardback
 New York: The Ballantine Publishing Group, 1999.

Greg Bear's new science fiction novel, *Darwin's Radio*, raises some frightening possibilities for the future of the human race. The main character, Kaye Lang, is a molecular biologist specializing in the study of retroviruses. This may sound like a dry profession, but her discoveries in a mass grave in Russia are the turning point for the entire human race. Kaye finds a centuries-old disease that has hidden dormant within the DNA of every human, and is now ready to strike. The only conclusion she can reach is that the human species is about to take a step in the evolutionary process. Though it may sound bizarre, as science-fiction goes this book is quite realistic.

This book is an exciting read, though some may find the scientific jargon difficult to wade through. One surprising and pleasant element of the book is Bear's use of strong female characters; a majority of the top scientists in the book are female. The weakest part of the plot is Kaye's romance with archaeologist Mitch Rafelson. Somehow it seems unlikely that a woman of such intelligence would fall like a silly teenager for a man she hardly knows.

Though the book has its low points, it offers a generally exciting experience, especially in the light of the current millennial uneasiness. *Darwin's Radio* is a fun read for anyone with an open mind who cares to speculate on the future of our race.

-Nicole Smith

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REGULAR SYSTEM DOWN TIME

ITS schedules downtime for the third weekend of each month for regular maintenance and upgrades. This means that all network related services will be down from 8:00pm Saturday until 8:00am Sunday. ITS has made every effort to minimize the impact on the Regis Community by choosing to have downtime at night on a weekend while other Regis Services are also down or closed.

The following services will be unavailable:

- Internet
- Email
- Printing
- All programs run from the file servers
- Home directories
- Shared directories
- www.regis.edu and insite.regis.edu
- HP (Administrative)

ITS will make every effort to keep services available at all times except those listed above. However, there may be instances where the network or systems on the network are not available. This could be caused by hardware or software failure, circuit problems, or emergencies when ITS must bring down the system due to spamming or hacking. When these situations arise, ITS will restore services as soon as possible.

Thank you for your patience and cooperation.

The following are the dates for down time:

Down time begins 8:00PM	Down time ends 8:00 AM
December 18, 1999	December 19, 1999
January 15, 2000	January 15, 2000
February 19, 2000	February 20, 2000
March 18, 2000	March 19, 2000
April 15, 2000	April 16, 2000
May 20, 2000	May 21, 2000
June 17, 2000	June 18, 2000
July 15, 2000	July 16, 2000
August 19, 2000	August 20, 2000
September 16, 2000	September 17, 2000
October 21, 2000	October 22, 2000
November 18, 2000	November 19, 2000
December 16, 2000	December 17, 2000

COACH OF THE DECADE: Phil Jackson

Stephanie Henry

As the end of the decade nears, sports enthusiasts will look back and question who was the best coach in a favorite sport. The NBA has been host to many great coaches, but no one ruled the decade of the 90s like Phil Jackson, head coach of the Chicago Bulls from 1989-98.

Jackson, in my opinion, is the coach of the decade; perhaps the coach of the century. Now I'm not proclaiming him the coach of the decade because he made Michael Jordan fly like an eagle, Scottie Pippen play like a saint, Horace Grant dominate the middle or John Paxson shoot killer three-pointers. I'm proclaiming this honor because he has a coaching style unlike any other. Besides he created the famous triangle offensive. He made more out of role players like Steve Kerr with this triangle offensive. And he took on the task of using the cross-dressing Dennis Rodman to his full potential.

Born on September 17, 1945 the 6' 8" Jackson attended college in North Dakota and was drafted to the New York Knicks in 1967. Jackson would help the Knicks win a



Phil Jackson

championship in the 70s. He became head coach of the Chicago Bulls in 1989 and remained there until 1998. Jackson enjoyed an empire of sorts in Chicago with the Bulls winning six championships for the Windy City.

My opinion of Jackson as the coach of the decade is solidified in the fact that he has the best winning percentage in NBA history -- a remarkable .739 -- "which is higher than Red Auerbach or Lenny Wilkens or Pat Riley or any other great coach you care to name," said one Denver Post sports reporter. To add to his accomplishments Jackson was named the coach of the year for the 1995-96 season and was recognized as one of the top 10 coaches in NBA history at the NBA at 50 Celebration in 1997.

Still many critics will downplay his accomplishments. Some will say that he couldn't have won so many games without Jordan. Remember that behind every great player is an even better coach. Someone taught Jordan to soar with grace. For me, Jackson will forever be the "Zen Master" of sports. If you don't believe me just pick up his autobiography, *Sacred Hoops*.

Season Snowfall Forecast:

50% chance of snow, 50% chance of rocks

Patrick Porsche &
Kevin Berman

Rocks, dirt, and grass are characteristic of early season skiing. As of Thursday, December 2, Vail has these obstacles in abundance. Boasting a 13-inch deep base each turn down Vail's majestic peaks was met with the gut wrenching sound of rocks searching for the core of my snowboard. Afraid to look, we completed runs off chairs 2,3,4 and the Vista Bahn Express. There were no real highlights and in our opinion Vail should not be opened as of now above Mid Vail simply because there is no snow. If you still just want to check it out, please leave your good board at home and stock up on pytex before you head out. In the words of a Vail ski patrolman, "Why bother?"

After two and a half hours of dodging rocks and mud, we agreed with him and headed to get some lunch. There were a few stretches under the Vista Bahn that could arguably have been called "powder" but only because a snow cat had not trenched it out. We actually saw someone shoveling snow to cover up ruts dug by service vehicles because the whole cat track looked like a dirt road. Although Vail is the greatest ski resort in America, it just did not meet up to our expectations this early in the season. Vail seems to have a problem opening too early and closing too late but knowing this little kernel of knowledge can save you some big bucks and a tune-up. Until then, keep watching the snow reports and pray. We have not given up hope! Snow will fall and Vail will be great! We just have to keep waiting.



Snowboarder, Kevin Berman, anticipates a rocky landing, as snow conditions have not been favorable for skiers and snowboarders this season.

Basketball teams off to solid start

Reeve Barker

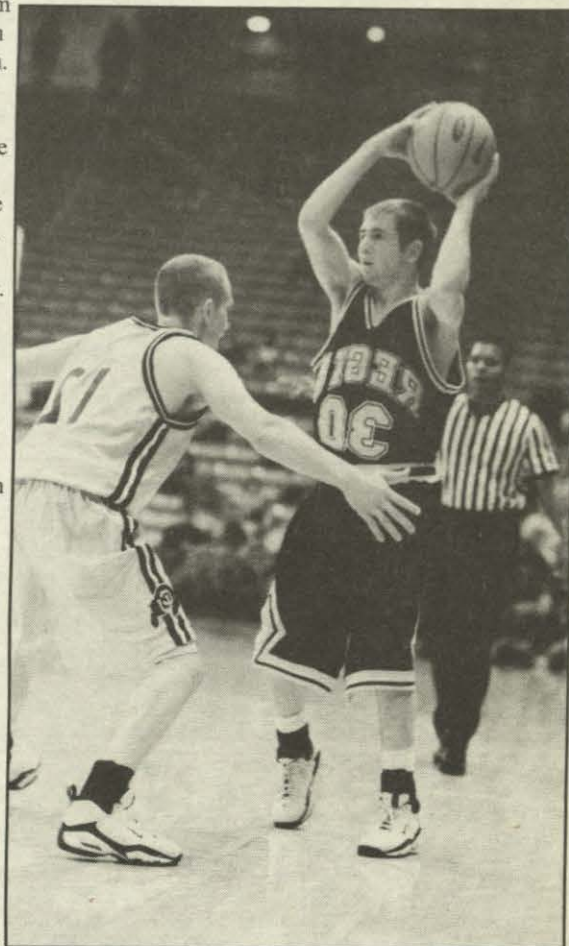
The Rangers men and women's basketball teams both got off to a strong start. The men's team started 2-0, however they stumbled and lost their next two. The women's team also started 2-0, and placed second in a tournament held on November 27th.

The men's team had to sustain the loss of one of their big men, Michael Rhodes, and in the first game it didn't seem to faze them, as John "Buddy" Tharpe dominated the inside against highly ranked Hawaii-Pacific. The women Rangers had to sweat it out in the first game, but pulled it out. They dominated their second game, lead by number 40 Erica Schutte, scoring 22 points, Meshach Rhoades added 20 points in a rout of the visiting Quincy Hawks, 83-66.

The men, in the second game, were more on the outside and were on fire. Along with Tharpe's 16 from the inside, Steve Bentz had 30 points, with 9 three-pointers, and another three-point play. The nine three-pointers was a new school record for an individual player. The team also set a record for most three-pointers, with 15 in the game. The visiting Quincy Panthers stuck around with the hot shooting Rangers, but fell short in the end 97-86. The team however slipped in their next two games vs. BYU-Hawaii and Colorado. The Seaside, BYUH, humiliated the Rangers 86-55. They basically let Bentz score his points; he ended up with 21, but shut down

everyone else very effectively. David Evans' 40 points outpaced them.

Both teams have played well. Both teams should be competitive this season with a chance at the RMAC championship.



Leary looks for an open player.

Rangers end season in a blaze of glory

Stephanie Henry

Although the #1 ranked West Texas A&M volleyball team ended the Rangers' winning season at the NCAA Division II Southwest Regional Tournament, team members consider this a great season. West Texas is a strong team and senior Nikki Van Reusen says, "we played our hardest and ended the season on a high note." Even though, the season is over for these ball-spiking Rangers. They should be congratulated for the hard work they have done this season to earn them a 22-11 record.

As freshman Amy Willhoit says, "considering all of the obstacles and injuries we had to overcome this season, we actually did really well!"

Say good-bye to the seniors on this team who have been here working hard for four years and have had what Van Reusen calls, "a great experience that I wouldn't change for the world!" Also wave good-bye to wonderful Assistant Coach Frank Grey who will not return next year.

Schedules

Women's Basketball

Dec. 7 5:30	COLORADO CHRISTIAN*
Dec. 11 6:00	Chadron State*
Dec. 19 6:00	Nebraska-Kearney*
Dec. 20 6:00	Fort Hays State*
Dec. 30 5:30	WISCONSIN-RIVER FALLS
Jan. 6 7:30	METRO STATE*
Jan. 8 3:00	COLORADO MINES*
Jan. 15 5:00	Fort Lewis*

Men's Basketball

Dec. 7 7:30	COLORADO CHRISTIAN*
Dec. 11 8:00	Chadron State*
Dec. 19 8:00	Nebraska-Kearney*
Dec. 20 8:00	Fort Hays State*
Dec. 28 7:00	SOUTHWEST STATE (MN)
Dec. 30 7:30	ST. XAVIER (IL)
Jan. 6 5:30	METRO STATE*
Jan. 8 1:00	COLORADO MINES*
Jan. 10 7:00	COLORADO COLLEGE
Jan. 15 7:00	Fort Lewis*

BOLD CAPS denotes home games.

* indicates Rocky Mountain Athletic Conference games

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A Forum for the Regis Community

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Tuesday, December 7th
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The Regis Room in Carroll Hall

Dr. Byron Plumley, affiliate faculty at Regis
University, will be among the delegates
traveling to Iraq with the Colorado
Campaign for Middle East Peace.

Please come to the forum to meet delegates,
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questions and concerns. When the delegation
returns there will be a report back
for the Regis Community.

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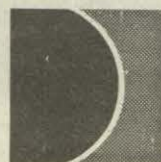
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